

Our Promise: on quality | on price | on service

Cinnamon's Philosophy



The cuisine of Cinnamon is characterised by our sophisticated and subtle use of a myriad of exotic spices and herbs grown across India. Our Chefs are greatly influenced by centuries of traditions. Every region of India is defined by its unique individual style and method of cooking.



It is in this spirit we at Cinnamon have composed our menu to bring traditional, fresh, home cooking into your homes.



Free Delivery

Delivery is Free on all orders over £10.00, £1.00 charge if order under £10.00. 50p surcharge for Credit card payment.

FREE HOME DELIVERY
020 8694 1010

OPENING TIMES:

5.30pm - 11.30pm every day
(except (Closed on Monday))

10 The Parade, Upper Brockley Road, SE4 1SX

Cinnamon's Starters

Aloo Bora £2.95

Mashed potato cakes. Flavoured with herbs spices then coated with egg and shallow fried. Served with our special cinnamon sauce. Made from tamarind mint and honey.

Potato Pakoras £2.95

Soft and fluffy spiced potato pakoras with sauteed mushrooms in garlic butter.

Lamb Chops £4.25

Lamb Chops marinated in a mixture of whole roasted spices. Fresh coriander, garlic and onions then gently grilled and serve with a light salad.

Kakra Bora £3.95

Cinnamon's Crab cakes infused with Cinnamon's five mix spices and herbs

Lemongrass Lamb £2.95

Tender lamb infused with light spiced stir fried with spring onion, served in Lettuce Cups.

Spicy crab & Salmon choff £4.95

Minced crab and salmon bound with mashed potatoes, flavoured with lemongrass and roasted cumin seed then shallow fried till its golden.

King Prawn Butterfly £3.95

Mildly spiced king prawn fried in butter.

Prawn Cocktail £2.50

Onion Bhaji An old favourite £2.50
Snak of crisp, spiced onions and gram flour fritters.

Mushroom Pakora £3.25

Button mushroom stuffed with mince lamb and coated with egg white and deep fried with bread crumbs finally served with a light salad.

Deep fried prawn & potato balls £2.95

Shelled prawn with chopped garlic, ginger, fresh coriander mint made in to a paste with jersey potatoes & deep fried into balls

Somosa Meat or Vegetable £2.50

Minced lamb or vegetable wrapped in pastry and deep fried

Sheek Kebab £3.25

Minced lamb in finely chopped peppers, onions, herbs and spices then skewered to grill to perfection.

Tandoori Chicken £2.75

Spring chicken marinated in youghurt then cooked over charcoal with special spices.

Aloo Garlic Chat £2.50

Potato cucumber and tomatoes in peppery sauce

Chicken / Lamb Tikka £3.25

Pieces of chicken or lamb marinated in youghrt then cooked over charcoal with special spices.

Prawn Puri £3.25

Spiced fried prawns on a pancake

Cinnamon's Delicacies

Balti Chicken/Lamb in Saffron Sauce £6.95

This is an aromatic chicken or lamb dish cooked in a karahi wok with shallot, melted butter together with garlic, black peppercorns, cardamom, cinnamon, yoghurt, saffron strands and fresh herbs.

Pink Reshmi 🌶️ £6.95

Shredded chicken, marinated in yoghurt and red spices, grilled and served in a exotic sauce

Murgi Angara £6.95

This delicious dish come from bombay chicken or lamb are cooked in a mild coconut sauces flavoured with fresh curry leaves, fennel, green pepper, garlic and sesame oil. Fresh coriander and mint and olive.

Golda Chingri Massala £9.95

Giant prawns fresh from the bay of bengal are baked in the clay oven. then gently simmered in spicy medium thick bhuna sauces shallot nutmeg and ajowan seeds.

Farcha 🌶️🌶️ £6.95

Traditional Gowan delicacy of chicken or lamb, marinated in spicy sauce, enhanced with asafoetida, curry leaves and crushed black pepper.

Goan Fish £6.95

Southern indian fish curry. Steamed cooked fish. Which is highly flavoured and garnished with coconut, hint of fresh green peppers, fresh coriander leaves, plumb tomatoes & various roast spices & herbs.

Grill Fish Jhall Freiz 🌶️🌶️ £6.95

Cooked in jalfrezi sauce garnished with turmeric, roasted coriander, crushed garlic cloves finely chopped red onions hint of cinnamon and olive oil, fresh green chilli peppers for bite.

Pistachio Panir Massala £6.95

Marinated chicken or lamb cooked with authentically prepared sauce with freshly ground pistachio nut, fresh green chillies, Creamy & slightly hot.

Garlic Chicken Chilli Massala 🌶️ £6.95

Barbecued chicken tikka cooked in special sauce prepared with yogurt, green chillies, coriander and other fresh spices, fairly hot.

Mera Shank £8.95

Baby lamb shank cooked with aromatic spices overnight making the lamb so tender if falls to the bone.

Murgh Bari Khana £6.95

Tender pieces of chicken tempered with a touch of ginger and coriander cooked in spinach with tomatoes, garlic and onion sauce.

Duck Tikka Jalfrezi £7.95

Duck breast cooked with chopped onions, ginger, capsicum, tomatoes and green chillies with added special spices to convey the flavour together.

Traditional Favourites

Choose From - Chicken (Lamb, Prawn 49p extra) Vegetable (king Prawn £2 extra)

Tikka Masala £5.95

Charcoal grilled chicken or lamb cooked in spices with cream and butter to Sangri's own recipe.

Pasanda £5.95

Tender pieces of lamb or chicken in a cream sauce with a hint of spices. Newcomers to Indian cuisine will be delighted with this dish.

Jalfrezi 🌶️ £5.95

Pieces of meat or chicken cooked with chopped onions, ginger, capsicum, tomatoes, green chillies and special spices.

Kurma £4.95

Your selection cooked with cream and coconut to produce a very mild dish

Medium £4.95

For when you are feeling a little more adventurous.

Madras 🌶️🌶️ £4.95

A well spiced thoroughbred dish, fairly hot to taste.

Vindaloo 🌶️🌶️🌶️ £4.95

A very hot dish from Goa served with potatoes.

Bhuna £4.95

A drier than usual curry packed with spicy flavours.

Dupeaza £4.95

An elegant dish cooked with whole spices and garnished with onion rings.

Dhansak £4.95

A Parsee dish - hot, sweet and sour with a lentil base.

Rogan-Josh £4.95

A medium hot dish cooked with green herbs, tomatoes and served in a rich sauce.

Biriyani £7.95

Basmati rice, cooked in medium spices with chicken, lamb or prawn, served with vegetable curry

Sag £5.95

Delicious curry of your choice cooked to perfection with lots of green spinach.

Karahi £5.95

This is a fairly thick, tomato based sauce cooked with slices of onions and capsicum, flavoured with garlic, ginger and selection of spices.

Balti 🌶️ £5.50

A essential style of cooking that is almost like stir fry. The whole dish is cooked in the karahi and then served in the dish, enabling the flavours to infuse with one another.

Rezala 🌶️ £6.95

Tender pieces of chicken or lamb cooked with shallots, whole roasted spices, garlic and cashewnuts.

Bilashi £6.95

A favourite dish from the town of Goa. It consists of lightly spiced chicken cooked in a garam massala, the sauce is infused with whole roasted spices and beautifully presented with an exotic salad.

www.cinnamonbrockley.co.uk

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Cinnamon's Grill

Tandoori mixed grilled	£9.95
Perfect meal for one! Includes a variety of Tandoori dishes and nan bread.	
Tikka	5.95
Pieces of lamb or chicken marinated in yoghurt then cooked over charcoal with special spices.	
Tandoori Chicken	5.50
Spring chicken marinated in yoghurt with herbs and spices then cooked in the tandoor.	
Shashlick	6.50
Chicken or lamb flavoured with special spices and cooked with onion, tomatoes and capsicum in the tandoor.	
Tandoori King Prawn	9.95
Flavoured with spices and tenderly cooked over charcoal.	

Vegetarian Dishes

Kudu and Aloo	£5.95
Sweet pumpkin, cooked with potatoes in a thick sauce that is flavoured 'Samba' - a Gujarati spice that gives a delicate flavour to this dish.	
Vegetable Shashlik	£7.95
A selection of vegetables marinated in Tandoori sauce - then cooked on skewers in the clay oven, served with salad.	
Panir Alaraj	£5.95
Vegetables cooked with cheese in a creamy Bhuna sauce.	
Akari	£4.95
This delightful dish is for pickle lovers. Fresh vegetable cooked in fairly hot herbs and spices adding olive oil, ginger, garlic and zedsary which creates an ingenious blend of flavours.	
Palak Paneer	£6.95
A wonderful combination of finally chopped spinach and paneer prepared with fresh herbs and spices.	

Side Orders

Tarka Dal Pink	Lentils cooked with garlic & lime leaf	£2.95
Bombay Aloo	Potatoes cooked bombay style.	£2.95
Spicy Baingan		£2.95
Aubergine cooked bengal style in light roasted spices		
Saag Bhaji Spinach	cooked in garlic and aniseed	£2.95
Saag Aloo	Spinach and Potatoes.	£2.95
Chana Massala		£2.95
Chick peas cooked with lemon and tamarind sauce.		
Aloo Gobi		£2.95
Potatoes and cauliflower cooked in spices.		
Cauliflower Bhaji		£2.95
Cauliflower cooked in light spices.		
Mushroom Bhaji		£2.95
Vegetable Curry		£2.95
Onion Bhaji		£2.95

Rice

Steamed Basmati Rice	£2.25
Pilau Rice	£2.25
Mushroom Rice	£2.50
Egg Pilau Rice	£2.50
Coconut Rice	£2.50
Vegetable Rice	£2.50
Special Fried Rice	£2.50
Lemon Rice	£2.50

Bread

Garlic Cheese & Chilli Nan	£2.50
Tikka Nan	£2.25
Nan Plain	£1.99
Stuffed Nan	£2.25
Keema Nan	£2.50
Garlic Nan	£2.25
Peshwari Nan	£2.25
Paratha	£2.25
Stuffed Paratha	£2.75
Chapati	£1.00
Tandoori Roti	£1.99
Puree	£1.00

Sundries

Plain Papadom	£0.50
Spicy Papadom	£0.50
Cucumber Raitha	£1.49
Mango Chutney	£0.60
Lime Pickle	£0.60
Onion Salad	£0.50
Mint Sauce	£0.50

Drinks

Cans (any variety)	£0.99
1.5L Bottles (any variety)	£2.50

